

INTRODUCTION WEBINAR

POUUIRA

HEALING HAKA®

“Activate Your Potential”

Friday 4 - Sunday 6 October 2019

Habitat for the Arts
The Jasper Municipal Library
Jasper, Alberta, Canada



Presenters:
Ojasvin & Waimaania
Davis

www.grandmothershealinghaka.com



POU UIRA HEALING HAKA™ Weekend Introduction Webinar, assist you with activating your potential and getting in touch with the divine energy that streams through yourself and all life. Elements presented include:

- Healing Haka, body exercises, rhythm, waiata, meditation and karakia (prayer), ceremonies
- Ways to integrate Te Taha Wairua (spirituality) into daily life to feel more complete
- Connecting back to IO purapura, the pure essence of all existence
- Enhancing our relationship with the pure essence within us
- Teachings based on Te Ao Māori, Celtic and universal laws of human existence
- There will be time for questions, reflections and processing

Our teachers Waimaania and Ojasvin will transmit the teachings through real-time online webinar. Elements like ceremonies and exercises will be carried by the Mu-North Healing Haka Guardians and Organisers.

The **POU UIRA HEALING HAKA** is an initiating power dance of transformation, transmitting and activating ancient knowledge through modern concepts. It is a teaching element from the Grandmothers Healing Haka Charitable Trust New Zealand's 'Integral Learning Programme' that is practiced in many countries around the world. **UIRA**: electric, activate, awaken **POU**: pillar **HEALING HAKA™**, developed by Ojasvin and Waimaania, promotes health, wellbeing and reflects the learning processes of nature. Connecting to these vital learning processes can help you to change and transform difficult thought patterns, emotional blockages and shift your perspective toward mental, emotional and spiritual balance. HAKA comes from the Maori traditional expressively danced prayer, using sacred words, gestures and rhythm.

OJASVIN is *Maori* from Aotearoa-New Zealand, his tribes are *Ngaitupoto, Ngatihine, Te Waiariki* and *Ngapuhi*. His ancestral traditions go back to the origins of *Waitaha*.

WAIMAANIA was born in Switzerland with Celtic and Germanic roots, resident since 2009 in *Aotearoa* where she is immersed in the Maori *whanau* family and *tikanga* traditional values.

TOGETHER they travel the world as representatives of the *Maori* Culture and to offer their unique programme to activate potential and awaken consciousness in the wider human community. Both are certified teachers of the school "Min I.L.I.T" (Yoga of Integral learning and Intuitive Action) and are part of the Shaman Circle "Cercle de Sagesse" in France.



DATES&TIME:

4th-6th October 2019

Friday 6pm-10pm, Saturday 8.30am-9pm, Sunday 8.30am-5pm

PRICE:

\$100 for the Healing Haka webinar with Maori teachers, due by September 15th

\$275 for optional weekend package incl. Healing Haka Webinar, Accommodation and some meals due by August 31st

(All payments by email transfer or cash only)

LOCATION:

Habitat for the Arts at The Jasper Municipal Library, Jasper Alberta

REGISTRATION&INFORMATION:

Mu North Healing Haka Team: Hakamunorth@gmail.com